



Chaplet of Divine Mercy

- 1. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**
 - 2. O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!**
 - 3. Our Father. Hail Mary. The Apostle's Creed**
 - 4. Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.**
 - 5. For the sake of His sorrowful Passion, have mercy on us and on the whole world (Say 10x)**
 - 6. Repeat "Eternal Father" (4) & For the sake of His sorrowful Passion" (5) 4 times.**
 - 7. Conclude with: Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world 3 times.**
- Catholics striving for holiness-**

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer to St. Michael the Archangel

St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

Pope Francis' Prayer to Our Lady, Health of the Sick

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

Prayer for Spiritual Communion

At Thy feet, O my Jesus, I prostrate myself and I offer Thee repentance of my contrite heart, which is humbled in its nothingness and in Thy holy presence. I adore Thee in the Sacrament of Thy love, the ineffable Eucharist. I desire to receive Thee into the poor dwelling that my heart offers Thee. While waiting for the happiness of sacramental communion, I wish to possess Thee in spirit. Come to me, O my Jesus, since I, for my part, am coming to Thee! May Thy love embrace my whole being in life and in death. I believe in Thee, I hope in Thee, I love Thee. Amen.

(Pope Francis - March 19, 2020)

First Reading

Acts of the Apostles 2:42-47

The first community of Christians grows as its members meet to pray and break bread.

Responsorial Psalm

Psalm 118:2-4,13-15,22-24

God's love is everlasting.

Second Reading

1 Peter 1:3-9

We have new hope because of Jesus' Resurrection.

Gospel Reading

John 20:19-31

Thomas believes because he sees Jesus.

Background on the Gospel Reading

The Gospels tell us that Jesus appeared to the disciples on several occasions after they discovered that his tomb was empty.

From readings such as today's Gospel, we also see that in his resurrected body, Jesus seems to be free of physical constraints. He appears to the disciples despite the fact that the doors were locked. Jesus greets his disciples with the gift of peace and the gift of the Holy Spirit. In doing so, Jesus commissions his disciples to continue the work that he has begun: "As the Father has sent me, so I send you." During the meeting, Jesus also shows the integral connection between forgiveness of sins and the gift of the Holy Spirit.

The story of Thomas illustrates our Christian experience today: We are called to believe without seeing. In fact, all Christians after the first witnesses have been called to believe without seeing. Thomas's human nature compelled him to want hard evidence that the Jesus who appeared to the disciples after his death was indeed the same Jesus who had been crucified. Thomas is given the opportunity to act on that desire. He is our witness that Jesus is really risen. Many of us can relate to Thomas's response to the news that the disciples had seen Jesus. We want to see for ourselves too, but we grow in faith, trusting the experience and knowledge of others. Today's Gospel reminds us that faith sometimes asks us to believe things we cannot see with our eyes.

Our faith is based on the witness of the Church that has preceded us, beginning with Thomas and the first disciples. Through Baptism we receive the same Holy Spirit that Jesus brought to the first disciples. We are among those who are "blessed" because we believe without having seen.

Psalm 91 (NRSV) Assurance of God's Protection

1. You who live in the shelter of the Most High, who abide in the shadow of the Almighty,
2. will say to the LORD, "My refuge and my fortress; my God, in whom I trust."
3. For he will deliver you from the snare of the fowler and from the deadly pestilence;
4. he will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.
5. You will not fear the terror of the night, or the arrow that flies by day,
6. or the pestilence that stalks in darkness, or the destruction that wastes at noonday.
7. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.
8. You will only look with your eyes and see the punishment of the wicked.
9. Because you have made the LORD your refuge, the Most High your dwelling place,
10. no evil shall befall you, no scourge come near your tent.
11. For he will command his angels concerning you to guard you in all your ways.
12. On their hands they will bear you up, so that you will not dash your foot against a stone.
13. You will tread on the lion and the adder, the young lion and the serpent you will trample under foot.
14. Those who love me, I will deliver; I will protect those who know my name.
15. When they call to me, I will answer them; I will be with them in trouble, I will rescue them and honor them.
16. With long life I will satisfy them, and show them my salvation.