

Most Holy Trinity Sunday – June 7, 2020



The Feast of the Holy Trinity is celebrated the first Sunday after Pentecost but you can pray the Holy Trinity Novena for any reason that you want, so go ahead and start praying! The Holy Trinity is a great mystery of the Church. The Church teaches that there is only one God but our one God is made of three Persons. The Father, the Son and the Holy Spirit all make up our one God. God the Father has no origin, He didn't come from anyone. But the Son comes from the Father and the Holy Spirit comes from both the Father and the Son. The Father has the particular power of creation, the Son brought us knowledge about the Father, and the Holy Spirit brings us goodness and holiness. The doctrine of the Trinity is a foundation of Christianity. When God became man, Jesus gave us the opportunity to experience the Trinity. We praise the Holy Trinity every time we pray by beginning and ending our prayers with the Sign of the Cross.

Read more at: <https://www.praymorenovenas.com/holy-trinity-novena>

This Sunday's Readings

First Reading

Exodus 34:4b-6,8-9

Moses pleads for God's mercy on Mt. Sinai.

Responsorial Psalm

Daniel 3:52-56

We praise God who is exalted above all forever.

Second Reading

2 Corinthians 13:11-13

Paul urges the Corinthians to live in peace with one another and with God.

Gospel Reading

John 3:16-18

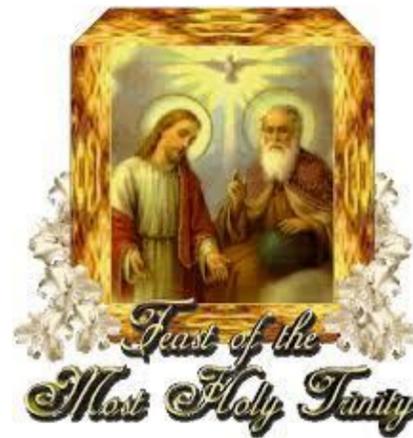
God sent his Son into the world to save the world.

Background on the Gospel Reading

Today on Trinity Sunday we celebrate the mystery of the Holy Trinity, one God in three persons.

In the context of today's focus on the mystery of the Holy Trinity, the reading calls our attention to the action of God, who reveals himself in three persons: God the Father, Jesus the Son, and the Holy Spirit. God the Father, out of love for the world, sent his Son into the world in order to save it. Through the death and resurrection of the Son, we have been given the gift of the Holy Spirit. As three persons, God acts always as a God of love; he does not condemn the world but acts to save it.

The Gospel also calls attention to the response that is required of us. God's love for us calls us to respond in faith by professing our belief in God's son, Jesus, and the salvation that he has won for us. This profession of faith is a sign of the work of the Holy Spirit in our lives



O Most Holy Trinity,

**Father, Son and Holy Spirit,
I adore Thee profoundly.
I offer Thee the most precious
Body, Blood, Soul and Divinity
of Jesus Christ
present in all the tabernacles of
the world, in reparation for the
outrages, sacrileges and
indifferences by which
He is offended.
Amen.**

Family Connection

Because of God's great love for us, he sent his Son, Jesus, to save the world. Jesus, in turn, sent the Holy Spirit so that our faith in God and his love would be strengthened. The nurturing experiences of family life also help us to understand and have faith in God's love.

Create a family poster together showing all the ways in which your family experiences God's great love. Use symbols, pictures, and words to show how you have seen God at work in your family life and in our history. Then read together today's Gospel, John 3:16-18. Pray together, thanking God for his gift of love. Conclude by praying the [Glory Be to the Father](#) or today's Psalm.



St. Anthony of Padua- June 13

Anthony was born in 1195 in Lisbon, Portugal. At 15, he joined the Canons Regular of the Saint Augustine. For eight years he studied intensely, becoming an accomplished biblical scholar. His contact with some Franciscan inspired him to join the Franciscans. He was sent by Francis to preach and teach his fellow friars throughout northern Italy, first and then in Padua. His reputation drew enormous crowds, and the power of his words converted them. Ill and exhausted, died at the age of 36; so beloved and revered, he was canonized within the year. His aid is invoked to help find the lost objects.

" Actions speak louder than words;
let your words teach and your actions speak.

We are full of words but empty of actions;
and therefore are cursed by the Lord
since He Himself cursed the fig tree
when He found no fruit only leaves"

- St. Anthony of Padua

Prayer to St. Anthony:

O St. Anthony! Saint of Miracles! Saint of Help!

I also have need of thy assistance!

I have need of this special favor (mention you favor).

I carry thy image bearing thy illustrious name on it and

I call on thee to do justice for me at all times.

Therefore, console me in my present necessity and grant me the help that, with full confidence, I hope for, Amen.

Say your request.

Make the sign of the cross.

PRAYER INTENTIONS DURING COVID-19

For God's protection for all of God's children, for the health and safety of everyone during this time of the COVID-19 pandemic, we pray to the Lord.

For continuous coordinated efforts among individuals, nations and societies as we all work together to prevent further spread of the coronavirus, we pray to the Lord.

For healthcare workers and all who are on the front-lines, especially those in positions of vulnerability as they work to serve their neighbors, we pray to the Lord.

That in addition to following all the recommendations of the healthcare professionals, we also remember to appeal to God in prayer, we pray to the Lord.

For those are sick and suffering, especially for those who are isolated and without help, for their healing, we pray to the Lord.

For those who have died, for eternal rest for their souls, and for peace and comfort for those they left behind, we pray to the Lord.

Prayer to the Holy Trinity

Glory be to the Father,
Who by His almighty power and love created me,
making me in the image and likeness of God.

Glory be to the Son,
Who by His Precious Blood delivered me from hell,
and opened for me the gates of heaven.

Glory be to the Holy Spirit,
Who has sanctified me in the sacrament of Baptism,
and continues to sanctify me
by the graces I receive daily from His bounty.

Glory be to the Three adorable Persons of the Holy Trinity, now and forever.

Amen.